ASSOCIATED STUDENTS OF THE UNIVERSITY OF HAWAI'I AT MĀNOA 2465 Campus Road, Campus Center 211A Honolulu, HI 96822

SENATE ACT 05-25 TO ALLOCATE FUNDING FOR A PILOT IMPLEMENTATION OF THE SKY CAMPUS HAPPINESS PROGRAM

BE IT ENACTED BY THE UNDERGRADUATE STUDENT SENATE:

SECTION I. PURPOSE

The purpose of this bill is to allocate funding for a pilot implementation of the SKY Campus Happiness Program for the Spring semester of 2025. The program will consist of three consecutive in-person sessions, lasting three hours each, two 1-hour online sessions pre-retreat, and two 1-hour online sessions post-retreat. Sessions will be available to 40 students and up to 10 faculty and staff members. Funding will cover the program fee, the purchase of leis, yoga mats, and food and beverages. Reservations will be required for attendance, a SKY Happiness Program Coach will be leading the workshops.

The SKY Campus Happiness Program is a well-being program that helps students, faculty, and staff improve their overall wellness and resilience. The program utilizes evidence-based meditation practices and breathwork techniques to reduce stress and increase calmness. By providing students with practical tools for self-regulation and emotional well-being, SKY empowers them to navigate challenges of academic life with greater independence. Faculty and staff who learn these techniques can further share this valuable knowledge, extending its benefits to even more students. For promotional purposes, the program title can be adapted to better resonate with UH Mānoa students.

SECTION II. APPROPRIATIONS

A total of \$6,375.00 shall be appropriated from Senate Account #3325232 (University Programs, Services and Support) Account C2.

SKY HAPPINESS RETREAT

Program Fee.	\$4,125.00
Leis	\$100.00
Supplies	\$480.00
(Yoga mats,etc)	
Advertising	\$170.00
(Yard Signs, Paper Flyers)	
Food and Beverages	\$1,500.00

Total for SKY Campus Happiness Program......\$6,375.00

SECTION III. PROVISIONS

This allocation is pending the approval of the FY25 ASUH Budget.

Any unexpended and unencumbered balance of any appropriation of this Act, as of the close of business on May 12, 2025, shall lapse into Senate Account #3325232.

SECTION IV. The Treasurer is authorized to draw upon said account.

SECTION V. This act shall take effect upon approval by the Senate.

INTRODUCED BY

Kimberly Song, Senator for the College of Arts and Sciences

MAJORITY ROLL CALL VOTE TO APPROVE SENATE ACT 05-25: TO APPROPRIATE FUNDING FOR A PILOT IMPLEMENTATION OF THE SKY CAMPUS PROGRAM

Aye(s): [16] Vice President Crabbe, Treasurer Pale, SAL Bielawski, SAL Leong, SAL Sasaki, Sen. Akiu, Sen. Espania, Sen. Giardina, Sen. Avila Gomez, Sen. Lao, Sen. Marco, Sen. Montero, Sen. Watanabe, Sen. Watson, Sen. Tauala

Naye(s): [0]

Abstention(s): [0]